

Post COVID-19 Condition Assessment

Telephone Follow-up (6month 12month)

<u>Instructions:</u> The following questions will address the persisting symptoms you might still have after your visit to the emergency department and the utilization of healthcare services.

1. Did you visit the em	ergency department since you went on YYYY/MM/DD?
□No	
□Yes	
□Prefer no	t to answer
If yes,	
How many tin	nes did you go back to the emergency department? (number)
For your first visit of the Y	revisit to the ED, do you remember how long it was after your initial
□A couple o	f days
□Within 1 w	eek
□Within 2 we	eeks
□Within 1 m	onth
□Between 2	to 6 months
□More than	6 months
Were you adn	nitted to the hospital during that visit?
□Yes	
□No	
□Prefer no	t to answer
2. For Research Assis visit or at any subse	tant: Has this participant tested COVID-19 POSITIVE at the Index equent time?
□Yes	
□No	
If no,	
Since the beginning that was not confirm	of the pandemic, do you believe that you had a COVID-19 infection ned by a test?
□Yes	
□No	
□I don't kn	OW



	□Prefer not to answer
3.	Since the acute health problem that brought you to the emergency department on YYYY/MM/DD, have you been more short of breath?
	□No, not at all □Yes, and it is still present □Yes, sometimes and it is still present □Yes, but not anymore □I don't know □Prefer not to answer
	If yes, and it is still present / yes, sometimes and it is still present / yes, but not anymore
	When do / did you experience shortness of breath?
	 □ At rest □ During low to moderate intensity activity (ex. walking, cleaning, doing the dishes) □ During high intensity activity (ex. exercising, jogging, biking)
	If yes, and it is still present / yes, sometimes and it is still present / yes, but not anymore
	When did the shortness of breath start? (calendar)
	If yes, but not anymore
	How long did the shortness of breath last?
	□A couple of days □1 week □2 weeks □Between 1 and 2 months □Between 2 to 6 months □More than 6 months
4.	Since the acute health problem that brought you to the emergency department on YYYY/MM/DD, have you had any new and persisting pain?
	□No, not at all □Yes, and it is still present □Yes, sometimes and it is still present □Yes, but not anymore □I don't know □Prefer not to answer



If yes, and it is still present / yes, sometimes and it is still present / yes, but not anymore

4a. Where is / was the main source of your pain?

•	Abdominal	pain

- Chest pain
- Back pain
- Sore throat
- Stomach ache
- Headache or Migraine
- Joints pain
- Pain while breathing
- Pain when coughing
- Muscle pain
- Pain in the legs
- Pain in the arms
- Pain when swallowing
- Generalized pain (non-specified)
- Other

4b. When did the pain start? (calendar)

If yes, but not anymore

How long did the pain last?

□A couple of days
□1 week
□2 weeks
\square Between 1 and 2 months
□Between 2 to 6 months
☐More than 6 months

5. Since the acute health problem that brought you to the emergency department on YYYY/MM/DD, have you had a new and persistent cough?

□No, not at all
□Yes, and it is still present
\square Yes, sometimes and it is still present
□Yes, but not anymore
□I don't know
□Prefer not to answer

If yes, and it is still present / yes, sometimes and it is still present / yes, but not anymore



When did the cough start? (calendar)
If yes, but not anymore
How long did the cough last?
□A couple of days
□1 week
□2 weeks
□Between 1 and 2 months □Between 2 to 6 months
☐ More than 6 months
6. Since the acute health problem that brought you to the emergency department on YYYY/MM/DD, have you had a decreased sense of smell?
□No, not at all
□Yes, and it is still present
□Yes, sometimes and it is still present
□Yes, but not anymore
□I don't know □Prefer not to answer
□ Prefer flot to answer
If yes, and it is still present / yes, sometimes and it is still present / yes, but not anymore
When did your decreased sense of smell start? (calendar)
If yes, but not anymore
How long did your decreased sense of smell last?
□A couple of days
□1 week
□2 weeks
□Between 1 and 2 months
□ Between 2 to 6 months
□More than 6 months
7. Since the acute health problem that brought you to the emergency department on YYYY/MM/DD, have you had a decreased sense of taste?
□No, not at all
□Yes, and it is still present
□Yes, sometimes and it is still present
□Yes, but not anymore



□I don't know □Prefer not to answer
If yes, and it is still present / yes, sometimes and it is still present / yes, but not anymore
When did your decreased sense of taste start? (calendar)
If yes, but not anymore
How long did your decreased sense of taste last?
□A couple of days □1 week □2 weeks □Between 1 and 2 months □Between 2 to 6 months □More than 6 months
8. Since the acute health problem that brought you to the emergency department on YYYY/MM/DD, has your sleep been different?
□No, not at all □Yes, and it is still present □Yes, sometimes and it is still present □Yes, but not anymore □I don't know □Prefer not to answer
If yes, and it is still present / yes, sometimes and it is still present / yes, but not anymore
When did your sleep change? (calendar)
If yes, but not anymore
For how long was your sleep different?
□A couple of days □1 week □2 weeks □Between 1 and 2 months □Between 2 to 6 months □More than 6 months

9. Since the acute health problem that brought you to the emergency department on YYYY/MM/DD, have you felt dizzy or lightheaded?

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□No, not at all □Yes, and it is still present □Yes, sometimes and it is still present □Yes, but not anymore
□I don't know □Prefer not to answer
If yes, and it is still present / yes, sometimes and it is still present / yes, but not anymore
When did your dizziness or lightheadedness start? (calendar)
If yes, but not anymore
How long did your dizziness or lightheadedness last?
□ A couple of days □ 1 week □ 2 weeks □ Between 1 and 2 months □ Between 2 to 6 months □ More than 6 months
10. Since the acute health problem that brought you to the emergency department on YYYY/MM/DD, has it been harder to concentrate?
□No, not at all □Yes, and it is still present □Yes, sometimes and it is still present □Yes, but not anymore □I don't know □Prefer not to answer
If yes, and it is still present / yes, sometimes and it is still present / yes, but not anymore
When did it start to get harder to concentrate? (calendar)
If yes, but not anymore
For how long was it harder to concentrate?
□A couple of days □1 week □2 weeks □Between 1 and 2 months



	□Between 2 to 6 months □More than 6 months
	the acute health problem that brought you to the emergency department on /MM/DD, has it been harder to remember things?
	□No, not at all □Yes, and it is still present □Yes, sometimes and it is still present □Yes, but not anymore □I don't know □Prefer not to answer
If yes, a	and it is still present / yes, sometimes and it is still present / yes, but not anymore
Wh	en did it start to get harder to remember things? (calendar)
If yes, b	ut not anymore
For	how long was it harder to remember things?
	□A couple of days □1 week □2 weeks □Between 1 and 2 months □Between 2 to 6 months □More than 6 months
	the acute health problem that brought you to the emergency department on /MM/DD, have you felt unusually tired after a physical, a mental or an emotional?
	□No, not at all □Yes, and it is still present □Yes, sometimes and it is still present □Yes, but not anymore □I don't know □Prefer not to answer
If yes, a	and it is still present / yes, sometimes and it is still present / yes, but not anymore
Wh	en did this unusual tiredness start? (calendar)
If yes, b	out not anymore



How long did this unusual tiredness last? □A couple of days □1 week □2 weeks ☐Between 1 and 2 months □Between 2 to 6 months ☐ More than 6 months 13. Since the acute health problem that brought you to the emergency department on YYYY/MM/DD, have you had other symptoms than the ones we discussed that you would like to share today? □No □Yes □ Prefer not to answer If yes, Which one affects / affected you the most? Anxiety

- Behaviour change
- Can't move and/or feel one side of body or face
- Constipation
- Depressed mood
- Diarrhea
- Dry Mouth
- Dysmenorrhea
- Eye dryness
- Fainting/blackouts
- Fever
- Food sensitivities
- Hot flashes
- Jerking of limbs
- Joint swelling
- Loss of appetite
- Loss of interest/pleasure
- Loss of teeth
- Lumpy lesions: (purple/pink/bluish) on toes/COVID toes
- Nausea/vomiting
- Night sweats
- Numbness or tingling
- Persistent fatigue



	Problems hearing
	Problems passing urine
	Problems seeing
	Problems swallowing
	Problems with balance
	Problems with gait/falls
	Ringing in ears
	Seizures
	Skin rash
	 Slowness of movement
	Stiffness of muscles
	• Tremors
	Weakness in limbs
	Weight loss
	Erectile dysfunction
	 Hallucinations
I	If yes,
	When did this symptom start? (calendar)
	How long did this symptom last?
	□A couple of days
	□1 week
	□2 weeks
	□Between 1 and 2 months
	□Between 2 to 6 months
	□More than 6 months
	□Still present
44	Since the courts health problem that brought you to the amargancy department on
	Since the acute health problem that brought you to the emergency department on YYYY/MM/DD, did you get help from any health services?

Which health services did you use?

Family doctor

□Prefer not to answer

- Nurse practitioner
- Post-COVID Clinic

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If yes,

 $\square No$ □Yes



- Specialist
- Physiotherapist
- Occupational therapist
- Home care nurse
- Home care worker
- Psychologist
- Psychiatrist
- Social worker
- Respiratory therapist
- Pharmacist
- Massage therapist
- Sex therapist
- Alternative medicine specialist (acupuncture, healer, osteopath, homeopath, chiropractor)
- Other
- 15. Since the acute health problem that brought you to the emergency department on YYYY/MM/DD, are there any health service or health professional that you were unable to access?

□No
□Yes
□Prefer not to answer

Which health services were you unable to access?

- Family doctor
- Nurse practitioner
- Post-COVID Clinic
- Specialist
- Physiotherapist
- Occupational therapist
- Home care nurse
- Home car worker
- Psychologist
- Psychiatrist
- Social worker
- Respiratory therapist
- Pharmacist
- Massage therapist
- Sex therapist
- Alternative medicine specialist (acupuncture, healer, osteopath, homeopath, chiropractor)
- Other



16.	Did you notice a change in the symptoms we just talked about after your first COVID shot?
	☐Yes, felt worse after my first shot ☐Yes, felt better after my first shot ☐No change
	□I don't know□No because I was feeling fine before with no symptoms□I am not vaccinated□Prefer not to answer
	16a. Did you notice a change in the symptoms after your second COVID shot?
	□Yes, felt worse after my second shot □Yes, felt better after my second shot □No change □I don't know □Did not get a second shot □Prefer not to answer
	16b. Did you notice a change in the symptoms after your third COVID shot?
	□Yes, felt worse after my third shot □Yes, felt better after my third shot □No change □I don't know □Did not get a third shot □Prefer not to answer
17.	Before the acute health problem that brought you to the emergency department on YYYY/MM/DD, which of the following statements best describes the level of fitness you had then?
:	Fit and well: you exercised occasionally or regularly and had no medical problems Managing well: you had some medical problems that limited your activities but didn't need help
•	Frail: you had medical problems that limited your activities, and needed help with daily activities and personal care I don't remember
18.	Since the acute health problem that brought you to the emergency department on YYYY/MM/DD, did you receive any disability insurance?
	□Yes □No

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□I don't know □Prefer not to answer